



Maternal Health Initiative

<https://www.maternalhealthinitiative.org/>

Founded 2022

Seed grant: \$220,000

2 person team

What we do

We connect women with family planning options in the postpartum (post-birth) period – a uniquely impactful juncture. Contraceptive access at this point prevents short-spaced pregnancies, a significant cause of maternal and neonatal mortality.

How we do it

We provide training and resources to health workers in developing healthcare systems. This allows them to provide individuals with high-quality information and access to family planning solutions during post-birth care.

Why is this a good solution?

Post-birth care is one of the few times many women in lower-income countries interact with formal healthcare services. Integrating family planning services into this care is a highly cost-effective, scalable, and evidence-based approach to increasing contraceptive uptake and reducing maternal mortality.